

**Taffanel et Gaubert**

*A technical challenge by Brandon LePage*

Thank you so much for purchasing my Technical Challenge utilizing Taffanel et Gaubert's "17 Daily Exercises". I promise if you follow the plan outlined on the next pages you will feel your fingers exploding with confidence over the following 4 weeks!

Please be sure to edit tempos and amounts per day as needed. The great thing about this challenge is that you can do it as is, or add and subtract to it to get the absolute most out of these exercises wherever you are in your flute journey!

**Happy Practicing!!**

**Week 1 - Start Date: \_\_\_\_\_ End Date: \_\_\_\_\_**

**EJ 1 and 2** - Quarter note = 104 to start, reaching 120 by Friday.

\*Take up to high D

\*Two articulations a day; ex artic 1 line 1, artic 2, line 2. This gets you through all artic by Friday.

\*Play at Piano or Pianissimo dynamic

\*Saturday just do all slurred at 120.

Tempo for week 1; \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**EJ 5** - starting at quarter note = 72, reaching 100-104 by Friday.

\*Do two letters a day along with two articulations a day (meaning each letter done twice aka repeated with two articulations).

\*There are 6 days of this built in so Saturday is included.

Tempo for week 1; \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**EJ 6** - starting at quarter note = Comfortable (somewhere between 60 and 72) and shoot to get up to 104 by Friday/Saturday.

\*Monday, Wednesday, Friday = all Sharp keys

\*Tuesday, Thursday, Saturday = all Flat keys

Tempo for week 1; \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**Notes:**

**\*\*\*\*\*Sunday is a rest day/tone day\*\*\*\*\***

**Week 2 -Start Date: \_\_\_\_\_ End Date: \_\_\_\_\_**

**EJ 3** - A) starting at half note=80, B) starting at quarter note=60. Goal; get A) up 104 and B) up to 80.

\*Take up to high D

\*Monday, Wednesday, Friday are sharp keys

\*Tuesday, Thursday, Saturday are flat keys

\*Skip Articulations 1 and 2 and do one articulation a day starting with articulation 3.

Tempos for week 2; \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**EJ 8** - quarter note = comfortable tempo. Goal; quarter = 100-112

\*Monday do A and B alternating articulation 1 and 2 with each changing key

\*Tuesday do C and D alternating articulation 3 and 4 with each changing key

\*Wednesday through Friday do ONE letter a day alternating articulations with each changing key (articulations 5 - 10 covered)

\*Saturday is a break from this exercise

Tempos for week 2; \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**EJ 9** - to be done EXACTLY the same way as number 8.

Tempos for week 2; \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**Notes:**

**\*\*\*\*\*Sunday is a rest day/tone day\*\*\*\*\***

**Week 3 - Start Date: \_\_\_\_\_ End Date: \_\_\_\_\_**

**EJ 4** - starting at half note equals 120. Goal is 132 by Saturday.

\*Skip articulation 1 and 2 and do one articulation a day starting with articulation 3.

Tempos for Week 3; \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**EJ 7** - starting quarter note = comfy

\*Consider doing with all breath attacks...

\*Do each indicated key a day (Day 1 - C, Day 2 - Dflat, Day 3 - D, etc)

Key Done; \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**EJ 10** - starting quarter note = Comfortable tempo

\*Change the articulation at each double bar and don't always start with the first articulation each day.

Tempos for week 3; \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**Notes:**

**\*\*\*\*\*Sunday is a rest day/tone day\*\*\*\*\***

**Week 4 - Start Date: \_\_\_\_\_ End Date: \_\_\_\_\_**

**EJ 4** - Starting half note = 132 and getting to 144/152

\*Do same as last week

Tempos week 4; \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**EJ 12** - quarter note = comfortable to start, getting to 100

\*mixed articulations as wanted (maybe a different one each page cycling through constantly during the week)

Tempos week 4; \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**EJ 14** - starting eighth note = comfortable (this one is about speed though!)

\*Do two letters a day

\*Consider all slurred or tongued and go for smoothness and SPEED

Letters/tempos week

4; \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**Notes:**

**\*\*\*\*\*Sunday is a day of chocolate because you're done!!\*\*\*\*\***